

## Newsletter WINTER 2017 -2018, N.E.M.A.A.

Latest News :- “ discount for early payment of subs”.

[www.northeastmastersathletics.weebly.com](http://www.northeastmastersathletics.weebly.com) Please inform Membership Secretary George Routledge if you change your address or E mail address and if you would like future newsletters in an E Mail.

January 2018 .Best wishes to all members,

At last years AGM the Committee recommended that subscriptions be set at £20.00 per year, and there will be a £10.00 discount if paid before January 31<sup>st</sup> 2018. This was agreed at the meeting Subscriptions for 2018 are due on or before 1<sup>st</sup> January. Please send a cheque/order or cash for **£10 Payable to " N.E.M.A.A. "** to:-Membership Secretary, George Routledge, 5 St Hildas Avenue, Holy Cross, Wallsend, Tyne & Wear NE28 7AB.(Tel 01914474219) Please include your Blue or Yellow Membership Card- so that it can be signed- and a stamped addressed envelope for its return. Please notify George if you change your club,your address or Email address and if you wish to receive the newsletter by Email in the future If you have not already paid your 2017 subscriptions please send an extra £20, If you have already paid 2018 subscriptions or have just joined NEMAA in the last few months of 2017 - please ignore this reminder .

NB: Subs for 2018 sent after 31<sup>st</sup> January 2017 will be charged at £20.

If you would like to pay your subscriptions on line with BACS Bank Transfer – please Email George Routledge for details.

The Committee would like to encourage all masters (veterans) who had NEVER been a member of the Masters Association – in its present or past form – to join NEMAA for a special rate of only £10. This special rate is only for brand new first time members who have never joined NEMAA or VAANEE in the past. This special rate **will not** be available to former

Members who have let their subs lapse or have left NEMAA in recent years. Past members who wish to re-join NEMAA will be required to re-join at a rate of £20

**The NEMAA A.G.M. will be held on 15<sup>th</sup> January 2018 at 5.30 pm at Gateshead International Stadium, Nielson Road, Gateshead. All members were invited to attend. Any nominations for Officers or members of the Committee, any proposals or any items for discussion on the agenda should be sent to Secretary – Archie Jenkins ASAP to [archie Meadowriggs@btinternet.com](mailto:archie Meadowriggs@btinternet.com) .**

GOLDEN RULE NUMBER ONE.. If an event has “Championships” written after it :- there are NO ENTRIES ON THE DAY.

The NEMAA 2017 Track & Field fixtures at Monkton Stadium will be as follows:-

May 21 <sup>st</sup> League # 1	June 4 <sup>th</sup> League # 2	June 11 <sup>th</sup> League # 3	June 23 <sup>rd</sup> . T&F Championships
July 2 <sup>nd</sup> League # 4	July 16 <sup>th</sup> League # 5	July 30 <sup>th</sup> League # 6	Sept 23 Pentathlon & 5k/10k
Track Championships	All dates and timetable of events to be confirmed.		

NB: M65+ will compete over 3000m in the Championships and over 5000m in Sept Championships.

NEMAA Track & Field League events program for 2018 at league fixtures still to be confirmed.

If you have access – have a look at our new NEMAA website = [www.northeastmastersathletics.weebly.com](http://www.northeastmastersathletics.weebly.com)

### NEMAA TRACK & FIELD INTER-CLUB LEAGUE SERIES 2018

Five fixtures to be held at Monkton Stadium, Dene Terrace,Jarrow, Tyne & Wear for the NEMAA Mens and Womens Club Team Championships. Awards also to the top point scoring individuals in four disciplines : Sprints- 100m /200m /300m /400m, Distance- 800m /1500m / mile / 3000m / 5000m, Jumps – Long Jump / Triple Jump / High Jump, Throws – Discus / Javelin / Shot / Hammer .

Competition will be in 5 year age groups for men & women - 35.40.45.50.55.60.65.70.75.80. with the top six in each event scoring points irrespective of the number of competitors in each event as follows : 6 points for 1<sup>st</sup> position, 5 for 2<sup>nd</sup>, 4 for 3<sup>rd</sup>, 3 for 4<sup>th</sup>, 2 for 5<sup>th</sup> and 1 point for 6<sup>th</sup> . Each club may enter as many competitors in an event in any of the age groups but only three competitors per club per age group may score points. In order to qualify for the team competition- clubs must consist of at least 4 competitors for Men or 3 competitors for Women at each meeting.

All competitors must be paid up members of NEMAA prior to the fixture. NEMAA Subs will only be accepted on the day with prior agreement with George Routledge the Membership Secretary. The entry fee for each fixture will be £3.00. Members may enter a maximum of three events each night. Members may enter the series at any of the five fixtures.The number allocated to each member at their first registration should be kept and used at all NEMAA Track & Field League fixtures as well as The NEMAA Track & Field Championships and 10k/5k Championships.Competitors MUST compete in their own age group. Field events may be divided into two sections on the night (see program on the night).Competitors who are moving up to a new age group during the League series will score points in both league and individual competition in the younger age group until their birthday. After their birthday they will score points in the older age group in the league competition. In the individual competition they can either continue to score points in the younger age group or start from scratch in the older age group. NB: Moving to an older age group may involve different standards and weight implements. Entries for the first event at each fixture will close 15 minutes before the starting time and entries for later events will be accepted up to 15 minutes before their start times. Competitors who are taking part in both the first field and track event must make their preparations and practice trials- and if necessary-take their first trial in the field event before going to the start of the track event. In track events, the order of age groups will be – Women,(oldest first) followed by Men,(oldest first). In field events (not the High Jump) competitors will be allowed three

trials, with the best here competitors in each group being allowed a further three trials if the field event standard is attained. Competitors, with prior consent from the Registration Official, may compete in an event in a younger age group – but only as a guest. Such competitors in throwing events must use the younger age group weight of implement.

Jan 6 NEHL	Jan 1 Morpeth 11k	Jan 27. Northern XC Leeds
Jan 7 Old Monks 6 ,Hart.	Feb 4 NEMAA XC Darlington	Jan 14 Durham Cathedral Relays
Jan 14 Brass Monkey Half	Jan 15 NEMAA AGM	Feb 24 National XC London
Mar 4 Haweswater Half Cumbria	Mar 3 NEHL XC	Mar 18 Thirsk 10
April 8 Hartlepool Marina	Mar 24 BMAF XC Forres	Feb 10 NEHL XC
Mar 30 Elswick Relays	Apr 1 Mermaid 10k	Apr 1 North Tyneside 10k
Apr 8 Druridge Bay Marathon	Apr 22 Wallsend T O’Gara 5k	Apr 22 London Marathon
Apr 29 Sandancer 10k	May 1 Les Allcorn 10k	May 2 NEMAA Road Relays
May 13 Sunderland 10k &Half	May 9 Gordon Smith Relays	May 21 NEMAA Track & Field League # 1
May 20 Pier to Pier S Shields	June 4 NEMAA T&F # 2	
May 27 Druridge Bay 10k	Jun11 NEMAA T&F # 3	Jun 9 Blaydon Race
Jun 23 NEMAA T & F Championships	Jun 17 Newton Aycliffe 10k	Aug 25 -26 BMAF T&F Champs
Jul 2 NEMAA T & F # 4	Jul 3 Saltwell Fell Race	Jul 3 TBH 5
Jul 4 Tynedale 10k	Jul 16 NEMAA T&F #5	Jul 22 BMAF Half
Jul 22 Northumberland Coastal 14	Jul 30 NEMAA T&F #6	Aug 7 Morpeth 10k
Aug 23 Watergate 5k	Good Luck ! Please confirm dates with race organizers, some fixtures are provisional	

Please detach and send\* £10 / £20 cheque payable to “ N.E.M.A.A “. --Please re new my NEMAA Membership for 2018.

Forename.....Surname.....

Address.....

Postcode.....Male/Female\*.....Date of Birth.....

E Mail address.....(please print).....

Club.....Athletics Affiliation No.....

I Consent \* / do not consent to my Email address being sent to BMAF .....Signed.....

Please send with Blue or Yellow NEMAA Membership card and Self addressed stamped envelope to:- George Routledge, 5 StHildas Avenue, Holy Cross, Wallsend, Tyne & Wear NE28 7AB. Please do not use this form for new members application. Please use website form \*delete

**IMPORTANT INFORMATION FOR ALL NEMAA MEMBERS.**

NEMAA is affiliated to BMAF (the British Masters Athletics Association) and in order for NEMAA members to be able to enter BMAF , European and World Masters events they **must** be registered online with BMAF Open Track - and can **only** enter these events on line via BMAF Open Track. Paper entry forms are no longer acceptable.

If you are planning to enter future BMAF, European or World Masters events - BMAF OpenTrack can be used directly by NEMAA members to manage their member data. If you haven’t already signed up with BMAF OpenTrack and you would like the NEMAA membership secretary to provide BMAF with your Email address- please contact George Routledge.

Assistance to open competitors and fallback technical support will be provided by the BMAF support team Peter Kennedy/Alex Rowe via the email address memsec@bmaf.org.uk . Queries from NEMAA members who are having problems signing up should contact the NEMAA secretary .

The objectives of the OpenTrack concept are to:

- a) Give the athletes the responsibility for managing their own data, with quick and easy access to the required functionality
- b) Ensure that OpenTrack functions can be equally operated online by athletes themselves or by family members, friends or the NEMAA membership secretary on behalf of non-IT skilled athletes, (those without access to a computer)
- c) Ensure that entry into BMAF and NEMAA competitions is controlled according to the athletes validated status

NEMAA members will be able to: 1. Access OpenTrack :2. Enter Member Details: 5. Read Masters Athletics Magazine :6. Enter BMAF, European and World Masters Competitions

To reach OpenTrack: For existing NEMAA members who have previously provided their email address: - Click on the Member Login function of the [www. BMAF.org.uk](http://www.BMAF.org.uk) website . On seeing the BMAF OpenTrack home page, Click Login/Signup - Enter your email address and password. - If you have forgotten or don't know your password, click "Forgot/Need Password?" option and enter your email address. When you receive the password reset email which is sent to the email address that you have specified (usually within seconds), Click on the link provided which will allow you to choose a password

To reach OpenTrack : For NEMAA members who have not previously provided their email address - Enter your name, date of birth, gender, NEMAA to identify yourself, followed by your email address and click "Check". If you are matched with an existing athlete record, you will be then prompted to request a password-reset - Login as described above

If OpenTrack is unsure that it can grant you access to the existing account or you are not sure that this is your account, then it will trigger a request for assistance to your area club membership secretary.

Please ensure that you access BMAF OpenTrack using the name you provided when joining NEMAA and not a variation of your first name or surname. E.g. Robert, Rob, Bob, Bobby, etc.

Paper entry forms will however, still be acceptable for NEMAA Championships ,events and subs renewals.