

North Yorkshire & South Durham Track & Field

Fixture 2: Middlesbrough 2nd May

Track

Field

Approx

Approx

Time

Time

6.30 75m u11 Boy/Girls

6.00 Long Jump u11 Girls

6.00 600g Shot u11 Boys

6.40 100m U13 Girls

6.40 Long Jump U13 Boys / Girls

100m U13 Boys

100m U15 Girls

6.45 Discus U15 Boys / Girls

100m U15 Boys

U17/Sen Wom

100m Graded

U17/Sen Men

U17/Sen Men Wom

7.20 800m U13 Girls

7.10 Long Jump U17/Sen Men Wom

800m U13 Boys

800m U15 Girls

800m U15 Boys

800m Graded

7.40 Long Jump U15 Boys / Girls

U17/Sen Men Wom

Discus

u13 Boys / Girls

8.0 1500m Steeplechase (inc NECAA)

2k U17/U20/Sen Wom (Champs)

Notes:

Under 11 are school year 5 only

Graded Races are for U17 to Senior Men & Women

ONLY

Field Events

2 Trials for U11's

3 Trials for all other age groups*

4 trials for top 6 subject to referee's discretion

FOR ALL THROWING EVENTS:

"Sen" includes U20 and Vets who should throw the **appropriate weight for their age category.**

*Where the number of long jump competitors is high and there are insufficient officials to operate two pits - the referee may decide to curtail competition to 2 trails