

Position	Time	Number	Name	Sex	Age	Club
1	34.18	21	Richard Laidler	M	20	Sildon Running & Athletics Club
2	34.53	25	Tim Makin	M	48	Durham Fell Runners
3	35.26	20	Nick Watson	M	37	Quakers Running Club
4	37.06	35	David Todd	M	40	Quakers Running Club
5	37.33	34	David Nicholson	M	28	Hamsterly-Trail Blazers
6	37.38	1	Michael Joyeux	M	27	Quakers Running Club
7	38.16	6	Rob McSherry	M	47	Quakers Running Club
8	38.39	18	Darren Stockdale	M	30	Quakers Running Club
9	39.10	23	Peter Prior	M	41	Darlington Tri
10	39.45	26	Lucy Jefferies	F	22	Quakers Running Club
11	39.50	16	Kevin Greenall	M	59	Newton Aycliffe
12	40.03	14	Gail Bell	F	35	Sedgefield Harriers
13	40.34	30	Andrew Lambe	M	37	Quakers Running Club
14	40.47	27	Simon Rek	M	42	Quakers Running Club
15	41.00	28	Stephen Minns	M	47	Sildon Running & Athletics Club
16	41.18	15	Ben Bourne	M	31	Quakers Running Club
17	41.45	19	Susan Milburn	F	52	Newton Aycliffe
18	41.49	13	Matthew Jones	M	36	Sedgefield Harriers
19	42.31	8	Andrew Griffiths	M	23	Sildon Running & Athletics Club
20	42.34	36	Louise Trainor	F	40	Quakers Running Club
21	42.36	24	Jez Makin	M	47	Durham Fell Runners
22	43.22	2	Danny Gordon	M	66	Quakers Running Club
23	43.45	11	Diane Vaughan	F	45	Quakers Running Club
24	43.45	12	Emma Morley	F	46	Darlington Harriers
25	43.58	5	Peter Rowley	M	55	Quakers Running Club
26	45.09	31	Abbie Hull	F	30	Quakers Running Club
27	45.39	7	Gary Bainbridge	M	53	Sildon Running & Athletics Club
28	47.19	22	Brian Burdon	M	55	Darlington Harriers
29	47.37	9	Kevin Thornton	M	51	Sildon Running & Athletics Club
30	48.21	17	Ian Davison	M	32	Quakers Running Club
31	49.40	10	Donna Dunbar	F	38	Sildon Running & Athletics Club
32	51.13	3	Joseph Harker	M	71	Durham City Harriers
33	51.44	33	Karen Partington	F	31	Quakers Running Club
34	51.45	32	Anneli Simkiss	F	35	Quakers Running Club
35	56.08	4	Alan Prest	M	66	Quakers Running Club
36	57.33	29	Sally Singleton	F	54	Quakers Running Club