

QUAKERS RUNNING CLUB CLUB CHAMPIONSHIP 2009

Group 1 Up to 5 miles

April 5th	Hartlepool Marina - 5m
April 21st	Carlton Challenge - 4.8m (Fell)
April 22nd	Spring Coast Road - Redcar 5k
May 14th	Tees Forest Trail - Coulby Newham 5k
June 24th	Summer Coast Road - Redcar 5k
July 2nd	Tees Forest Trail - Wynyard 5k
September 2nd	Autumn Coast Road - Redcar 5k
November 22nd	Clay Bank West 4.2m (Fell)

Group 2 Between 5 & 10 miles

March 29th	Doctors Gate - Hamsterley 11k (Fell)
May 24th	Raby Castle 10k (Trail)
May 30th	Allendale 8m
June 16th	Whorlton Run - 7.2m (Fell)
July 8th	Pit Stop - Croft 10k
July 12th	Kilburn Feast 7m
July 26th	James Herriot - Castle Bolton 14k (Trail)
September 13th	Serpentine - Sedgfield 6.5m (Trail)
August 23rd	Ray Harrison Memorial - Billingham 10k
September 5th	Snape - Bedale 10k (Trail)
October 18th	Richmond Castle 10k
December 27th	Jolly Holly Jog Ripon 10k (Trail)

Group 3 10 miles and over

April 19th	Redcar Half Marathon
May 10th	Ripon 10m (Trail/Road)
June 27th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 5th	Burn Valley Half Marathon
September 13th	Paras Challenge - Catterick 10m (??)
October 4th	Harewood 10m (Trail)
November 1st	Guy Fawkes - Ripley 10m (Road/Trail)
November 29th	Thirsk 10m (Road)

QUAKERS RUNNING CLUB - Club Championship 2009

23-Aug-09

Ray Harrison Billingham 10k

Group 2

Actual Position	Actual Time	Name	Category	Adjusted Time	Adjusted Position	Race Points
3	39:18	Wayne Bramley	M 49	35:34	1	50
1	36:13	Alasdair Tatham	M 36	36:03	2	49
4	41:36	Brian Martin	M 52	36:45	3	48
9	45:00	Dave Thompson	M 57	38:05	4	47
2	39:09	Dawn Richardson	F 37	38:26	5	46
14	49:29	Danny Gordon	M 65	38:46	6	45
7	43:32	Pete Smith	M 49	39:24	7	44
6	42:47	Richard Hughes	M 43	40:31	8	43
8	44:39	Ian Scott	M 47	41:02	9	42
5	42:07	David Todd	M 39	41:03	10	41
12	48:03	Peter Rowley	M 54	41:45	11	40
11	46:40	Jonathan Eccles	M 50	41:54	12	39
10	46:16	Billy Harris	M 47	42:32	13	38
15	50:44	Julie Jeffries	F 50	44:36	14	37
16	51:16	Jon Foulds	M 53	44:55	15	36
13	49:16	David Curtis	M 45	45:59	16	35
19	52:17	Jeff Marriott	M 48	47:41	17	34
17	51:40	Sarah Wilson	F 43	48:18	18	33
21	53:06	Sandra Park	F 44	49:14	19	32
27	57:39	Sally Singleton	F 53	49:16	20	31
23	55:15	Julie Whinn	F 48	49:28	21	30
20	52:30	Mark Colling	M 41	50:27	22	29
24	56:41	John Whinn	M 48	51:42	23	28
25	57:02	Paul Appleton	M 48	52:01	24	27
18	52:05	Abbie Hull	F 29	52:05	25	26
22	55:11	Julie Crocher	F 30	55:11	26	25
28	60:10	Wendy Colling	F 44	55:47	27	24
26	57:31	Michelle Boshier	F 36	56:55	28	23
29	66:39	Gillian Harris	F 42	62:50	29	22
30	69:47	Susan Limbert	F 46	63:55	30	21