

QUAKERS RUNNING CLUB

CLUB CHAMPIONSHIP 2009

Group 1 Up to 5 miles

April 5th	Hartlepool Marina - 5m
April 21st	Carlton Challenge - 4.8m (Fell)
April 22nd	Spring Coast Road - Redcar 5k
May 14th	Tees Forest Trail - Coulby Newham 5k
June 24th	Summer Coast Road - Redcar 5k
July 2nd	Tees Forest Trail - Wynyard 5k
September 2nd	Autumn Coast Road - Redcar 5k
November 22nd	Clay Bank West 4.2m (Fell)

Group 2 Between 5 & 10 miles

March 29th	Doctors Gate - Hamsterley 11k (Fell)
May 24th	Raby Castle 10k (Trail)
May 30th	Allendale 8m
June 16th	Whorlton Run - 7.2m (Fell)
July 8th	Pit Stop - Croft 10k
July 12th	Kilburn Feast 7m
July 26th	James Herriot - Castle Bolton 14k (Trail)
September 13th	Serpentine - Sedgfield 6.5m (Trail)
August 23rd	Ray Harrison Memorial - Billingham 10k
September 5th	Snape - Bedale 10k (Trail)
October 18th	Richmond Castle 10k
December 27th	Jolly Holly Jog Ripon 10k (Trail)

Group 3 10 miles and over

April 19th	Redcar Half Marathon
May 10th	Ripon 10m (Trail/Road)
June 27th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 5th	Burn Valley Half Marathon
September 13th	Paras Challenge - Catterick 10m (??)
October 4th	Harewood 10m (Trail)
November 1st	Guy Fawkes - Ripley 10m (Road/Trail)
November 29th	Thirsk 10m (Road)

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After 22 events		Group 1										Group 2										Group 3										Race Points							
		Up to 5 miles										5 to 10 miles										10 miles upwards																	
Position	Name	3										5										3																	
		Hartlepool Marino 5m	Carlton Challenge 4.8m	Spring Coast Road Redcar 5k	Tees Forest - Coulby Newham 5k	Summer Coast Road Redcar 5k	Tees Forest Trail - Wynyard 5k	Autumn Coast Road Redcar 5k	Clay Bank West	Doctors Gate Hamsterley 11k	Baby Castle 10k	Allendale 8m	Wharfedale Run 7.2m	Croft Pit Stop 10k	Kilburn Feast 7m	James Herriot 14k	Sedgefield Serpentine 6.5m	Ray Harrison Memorial Billingham 10k	Snape 10k	Richmond Castle 10k	Jolly Holly Jog	Redcar Half Marathon	Ripon 10m	Dunham Bales Challenge	Burn Valley Half Marathon	Catterick Ponds Challenge	Harewood 10m	Say Fawkes 10m	Thirsk 10m										
1	Michael Joyeux	46	44	47	45	46	46		45	48	46	46	41	48	44	48					39	47	47	49													518		
2	Dawn Richardson			49	47	46		48		47	48		45	47			46					45	48															470	
3	Wayne Bramley	50						50		50	50		50	50	49		50					49	49															448	
4	Steve Snook	49					50	50					49	49																								443	
5=	Brian Martin				50	49	48	49		49																												440	
5=	Phil Rutter			48		41	44			40	43	44	35			40																						440	
7	Stuart Hardcastle	47	47	50	49	47	49		46	42	45	48		49	46																							427	
8	Anthony Corbett	38	42	41	41	33	39		42	28	36	42	26	38	37					41																		407	
9	Danny Gordon	48					44		43	46		47	44		42																							406	
10	Wendy Colling			44		36		39			35		30				45	24	43																			402	
11	Julie Whinn	37			37	38	36			26	33		28	39																								394	
12	Julie Jeffries				43	40	42			34	40						34	47	37																			388	
13	David Todd				44	42	45	45			33	41	43	38		35																						381	
14	Richard Payne		46		46				44	39	44		34		37																							344	
15	Diane Adkins			42		32	34			25	32		23		29																							341	
16	Jonathan Eccles					43	43					45	39																									340	
17	Sally Singleton	42			39			35		30																												327	
18	Billy Harris	45								37			32	41	39																							314	
19	Andrew Knox		48		48	48	47		48			49			48																							289	
20	Mark Colling			40	38	35							25				44	29	39																			286	
21	David Curtis	40		43				41			38					32		35	45																			274	
22	Bev Snook	43			40	34	37			23	31				28																							263	
23	Peter Rowley										42				46																							261	
24	Richard Hughes					40		44						44																								248	
25	Jeff Marriot					37	40			36				31	42																							245	
26	Pete Smith					38	42	47																														220	
27	Ian Hammond									32	39				30																							203	
28	Nick Wadd		50						50			50	43																									193	
29	Susan Limbert	34		36				32			30																											185	
30	Dave Thompson										47		46		41																							181	
31	Nick Watson		49							45					36																							179	
32	Barry Maheffey									43					45																							178	
33	John Whinn				33												41	28	36																			177	
34	Diane Vaughan					39		43							43																							172	
35=	Sandra Park												21	36	27		32	38																			171		
35=	Ian Scott (TY)											36	45																									171	
37	Dave McLachlan									44			42		43																							170	
38	Michelle Boshier														32	26		23	34																			161	
39	Julie Crocher	36		38	32	31	35	33					18																									152	
40=	Alan Prest								41	31	37				40																							149	
40=	Alasdair Tatham																																					149	
42	Gillian Harris	35								19			15	30																								133	
43	Damian Wynne		46						47																													128	
44	Andrew Lambe							38																														126	
45	Jackie Nicholls	39								24	34		22																									119	
46	Darren Park		43																																			105	
47	Keld O'Shea																																					102	
48=	Nigel Walker	44											27		24																							95	
48=	Abbie Hull							34																														95	
50	Dave Whittle													48																								92	
51	Barry Stapley				45		41																															86	
52=	Andrew Wilson			46										33																								79	
52=	Jez Smith									41					38																							79	
52=	Lee Coles																																					79	
55	Jon Foulds										38																												74
56	Graham Park										35			37																									72
57=	Sarah Wilson							37																															70
57=	Gill Wallis																																						70
59	Vickie Wilson			37										20																									65
60	Stephen Padgett			45																																			63
61=	Sarah Beadle															33																						60	
61=	Paul Appleton															25																						60	
63	Gillian Robinson			39																																			58
64	Suzanne Todd										22</																												

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13-Sep-09

Sedgefield Serpentine

Group 2

Actual Position	Actual Time	Name	Category	Adjusted Time	Adjusted Position	Race Points
2	45:33	Brian Martin	M 53	39:55	1	50
3	48:05	Pete Smith	M 49	43:31	2	49
1	44:09	Michael Joyeux	M 26	44:09	3	48
7	58:26	Julie Jeffries	F 50	51:23	4	47
4	51:59	Andrew Lambe	M 36	51:44	5	46
6	57:15	Wendy Colling	F 44	53:04	6	45
5	56:50	Mark Colling	M 41	54:37	7	44
8	61:42	Julie Whinn	F 48	55:14	8	43
9	66:10	Sally Singleton	F 53	56:33	9	42
10	67:59	John Whinn	M 48	62:01	10	41

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Catterick Paras' 10

Group 3

Actual Position	Actual Time	Name	Category	Adjusted Time	Adjusted Position	Race Points
2	1:13:13	Phil Rutter	M 43	1:09:39	1	50
1	1:11:24	David Todd	M 39	1:09:55	2	49
4	1:20:11	Ian Scott	M 47	1:14:01	3	48
3	1:19:10	Lee Coles	M 38	1:18:04	4	47
5	1:34:12	Michelle Boshier	F 36	1:33:38	5	46
		P Company challenge inc Bergen				
1	2:21:33	Diane Adkins	F 44	2:11:51	1	50