

QUAKERS RUNNING CLUB CLUB CHAMPIONSHIP 2009

Group 1 Up to 5 miles

April 5th	Hartlepool Marina - 5m
April 21st	Carlton Challenge - 4.8m (Fell)
April 22nd	Spring Coast Road - Redcar 5k
May 14th	Tees Forest Trail - Coulby Newham 5k
June 24th	Summer Coast Road - Redcar 5k
July 2nd	Tees Forest Trail - Wynyard 5k
September 2nd	Autumn Coast Road - Redcar 5k
November 22nd	Clay Bank West 4.2m (Fell)

Group 2 Between 5 & 10 miles

March 29th	Doctors Gate - Hamsterley 11k (Fell)
May 24th	Raby Castle 10k (Trail)
May 30th	Allendale 8m
June 16th	Whorlton Run - 7.2m (Fell)
July 8th	Pit Stop - Croft 10k
July 12th	Kilburn Feast 7m
July 26th	James Herriot - Castle Bolton 14k (Trail)
September 13th	Serpentine - Sedgfield 6.5m (Trail)
August 23rd	Ray Harrison Memorial - Billingham 10k
September 5th	Snape - Bedale 10k (Trail)
October 18th	Richmond Castle 10k
December 27th	Jolly Holly Jog Ripon 10k (Trail)

Group 3 10 miles and over

April 19th	Redcar Half Marathon
May 10th	Ripon 10m (Trail/Road)
June 27th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 5th	Burn Valley Half Marathon
September 13th	Paras Challenge - Catterick 10m (??)
October 4th	Harewood 10m (Trail)
November 1st	Guy Fawkes - Ripley 10m (Road/Trail)
November 29th	Thirsk 10m (Road)

QUAKERS RUNNING CLUB - Club Championship 2009

28-Dec-09

Jolly Holly Jog 10k

Group 2

Actual Position	Actual Time	Name	Category		Adjusted Time	Adjusted Position	Race Points
1	44:21	Brian Martin	M	53	38:52	1	50
2	44:45	Dave Whittle	M	49	40:30	2	49
4	47:14	Steve Snook	M	50	42:25	3	48
3	46:56	Wayne Bramley	M	49	42:29	4	47
9	55:34	Danny Gordon	M	65	43:32	5	46
6	48:17	Billy Harris	M	48	44:02	6	45
5	47:22	David Todd	M	40	45:51	7	44
7	50:54	Simon Wakelin	M	39	49:37	8	43
8	52:57	Andrew Lambe	M	37	52:20	9	42
10	61:44	Wendy Colling	F	45	56:45	10	41
18	68:19	Sally Singleton	F	54	57:49	11	40
11	64:00	John Whinn	M	48	58:23	12	39
14	65:42	Julie Whinn	F	48	58:49	13	38
13	65:09	Paul Howell	M	49	58:58	14	37
19	68:27	Bev Snook	F	48	61:17	15	36
20	69:56	Julie Jeffries	F	50	61:29	16	35
12	64:56	Anthony Corbett	M	43	61:30	17	34
16	67:14	Sandra Park	F	44	62:20	18	33
22	71:04	Carol Penney	F	49	63:03	19	32
17	67:31	Gillian Harris	F	42	63:39	20	31
21	69:58	Diane Gardner	F	45	64:19	21	30
15	67:00	Michelle Boshier	F	37	65:47	22	29
23	73:11	Diane Adkins	F	44	67:51	23	28
24	74:16	Sue Woodcock	F	41	70:36	24	27
26	80:20	Susan Limbert	F	46	73:12	25	26
27	92:28	Sue Boyle	F	60	73:33	26	25
25	74:19	Sally Eddie	F	32	74:19	27	24