

## QUAKERS RUNNING CLUB CLUB CHAMPIONSHIP 2009

### Group 1 Up to 5 miles

April 5th	Hartlepool Marina - 5m
April 21st	Carlton Challenge - 4.8m (Fell)
April 22nd	Spring Coast Road - Redcar 5k
May 14th	Tees Forest Trail - Coulby Newham 5k
June 24th	Summer Coast Road - Redcar 5k
July 2nd	Tees Forest Trail - Wynyard 5k
September 2nd	Autumn Coast Road - Redcar 5k
November 22nd	Clay Bank West 4.2m (Fell)

### Group 2 Between 5 & 10 miles

March 29th	Doctors Gate - Hamsterley 11k (Fell)
May 24th	Raby Castle 10k (Trail)
May 30th	Allendale 8m
June 16th	Whorlton Run - 7.2m (Fell)
July 8th	Pit Stop - Croft 10k
July 12th	Kilburn Feast 7m
July 26th	James Herriot - Castle Bolton 14k (Trail)
September 13th	Serpentine - Sedgfield 6.5m (Trail)
August 23rd	Ray Harrison Memorial - Billingham 10k
September 5th	Snape - Bedale 10k (Trail)
October 18th	Richmond Castle 10k
December 27th	Jolly Holly Jog Ripon 10k (Trail)

### Group 3 10 miles and over

April 19th	Redcar Half Marathon
May 10th	Ripon 10m (Trail/Road)
June 27th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 5th	Burn Valley Half Marathon
September 13th	Paras Challenge - Catterick 10m (??)
October 4th	Harewood 10m (Trail)
November 1st	Guy Fawkes - Ripley 10m (Road/Trail)
November 29th	Thirsk 10m (Road)





## QUAKERS RUNNING CLUB - Club Championship 2009

22-Nov-09

Clay Bank West

Group 1

Actual Position	Actual Time	Name	Category		Adjusted Time	Adjusted Position	Race Points
1	39:13	Brian Martin	M	53	34:18	1	50
2	43:41	Wayne Bramley	M	49	39:28	2	49
8	52:12	Danny Gordon	M	65	40:50	3	48
6	49:55	Jes Smith	M	56	42:33	4	47
5	49:31	Richard Payne	M	54	42:57	5	46
3	44:21	David Todd	M	39	43:09	6	45
4	46:24	Andrew Lambe	M	37	45:47	7	44
9	52:14	Anthony Corbett	M	43	49:23	8	43
7	51:40	Mark Colling	M	41	49:34	9	42
10	55:39	Wendy Colling	F	44	51:29	10	41