

QUAKERS RUNNING CLUB CLUB CHAMPIONSHIP 2010

Group 1 Up to 5 miles

Feb 14th	Abesent Friends Trail - Cowpen Bewley - 5m
March 28th	Hartlepool Marina - 5m (Road)
April 15th	Tees Forest Trail - Preston Park 5k
April 20th	Carlton Challenge - 4.8m (Fell)
June 23rd	Summer Coast Road - Redcar 5k
September 1st	Autumn Coast Road - Redcar 5k
November 21st	Clay Bank West 4.2m (Fell)

Group 2 Between 5 & 10 miles

April 2nd	Mermaid (Redcar) 10k (Road)
May 16th	Yorkshire 10k (Newby Hall) (Multi)
May 30th	Raby Castle 10k (Trail)
June 5th	Allendale 8m (Road)
June 15th	Whorlton Run - 7.2m (Fell)
June 20th	Aycliffe 10k (Road)
July 7th	Pit Stop - Croft Circuit 10k
July 11th	Kilburn Feast 7m (Road)
July 25th	James Herriot - Castle Bolton 14k (Trail)
August 17th	Guisboro Grunt - 6.1m (Fell)
August 22nd	Ray Harrison Memorial - Billingham 10k (Road)
September 5th	Tees Pride - Middlesbrough 10k (Road)
September 11th	Snape - Bedale 10k (Trail)
September 12th	Serpentine - Sedgfield 6.5m (Trail)
October 10th	Ampleforth 7m (Trail)
October 17th	Richmond Castle 10k (Road)
November 27th	Ravenstonedale 10k (Road)
December ?	Jolly Holly Jog Ripon 10k (Trail)

Group 3 10 miles and over

May 9th	Ripon 10m (Multi)
June 26th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 4th	Burn Valley Half Marathon
October 3rd	Harewood 10m (Trail)
October 31st	Guy Fawkes - Ripley 10m (Road/Trail)
November 28th	Thirsk 10m (Road)

QUAKERS RUNNING CLUB - Club Championship 2010

09-May-10

Ripon 10

Group 3

Actual Position	Actual Time	Name	Category		Adjusted Time	Adjusted Position	Race Points
11	80:24	Danny Gordon	M	65	63:18	1	50
1	64:56	Michael Joyeux	M	26	64:56	2	49
4	72:44	Billy Harris	M	48	66:38	3	48
3	72:22	Dave McLachlan	M	47	66:48	4	47
2	70:55	David Todd	M	40	68:56	5	46
10	79:59	Stuart Hardcastle	M	54	69:49	6	45
12	80:51	Peter Rowley	M	54	70:35	7	44
15	83:50	Paul Jefferies	M	52	74:24	8	43
17	86:45	Richard Payne	M	55	75:06	9	42
5	75:35	Scott Green	M	36	75:33	10	41
13	81:15	David Curtis	M	46	75:36	11	40
9	79:55	Richard Hughes	M	43	76:02	12	39
14	82:23	Diane Vaughan	F	45	76:05	13	38
6	76:54	Lucy Jefferies	F	22	76:54	14	37
7	78:08	Mark Robinson	M	28	78:08	15	36
8	79:34	Ben Bourne	M	30	79:34	16	35
18	87:40	Wendy Colling	F	45	80:58	17	34
25	95:18	Sally Singleton	F	54	81:04	18	33
16	84:57	Mark Colling	M	41	82:01	19	32
24	94:35	Julie Jefferies	F	51	82:49	20	31
22	92:19	Sandra Park	F	45	85:16	21	30
20	91:40	Anthony Corbett	M	43	87:13	22	29
28	99:34	Carol Penney	F	49	88:47	23	28
27	98:33	Paul Howell	M	50	88:54	24	27
21	92:18	Michelle Boshier	F	37	91:02	25	26
19	91:24	Daniel Crane	M	32	91:24	26	25
23	93:39	Jason Cole	M	36	93:37	27	24
30	103:13	Gillian Harris	F	42	97:46	28	23
26	97:55	Julie Crocher	F	31	97:55	29	22
29	101:03	Julie Cole	F	39	98:06	30	21
31	117:53	Susan Limbert	F	47	107.01	31	20

QUAKERS RUNNING CLUB - Club Championship 2010

20-Apr-10

Carlton Challenge

Group 1

Actual Position	Actual Time	Name	Category		Adjusted Time	Adjusted Position	Race Points
1	39:33	Nick Wadd	M	44	37:07	1	50
2	43:20	Andrew Knox	M	48	39:27	2	49
3	45:25	Ian Bond	M	50	40:43	3	48
8	53:23	Richard Payne	M	54	46:18	4	47
6	52:28	David Curtis	M	46	48:31	5	46
5	51:40	Anthony Corbett	M	43	48:51	6	45
4	51:25	Mark Colling	M	41	49:19	7	44
9	54:29	Wendy Colling	F	45	49:58	8	43
7	52:29	Lucy Jefferies	F	21	52:29	9	42
11	63:43	Julie Jefferies	F	51	55:22	10	41
10	61:41	Sandra Park	F	45	56:35	11	40
12	70:14	Susan Limbert	F	46	63:51	12	39