

QUAKERS RUNNING CLUB

CLUB CHAMPIONSHIP 2010

Group 1 Up to 5 miles

Feb 14th	Abesent Friends Trail - Cowpen Bewley - 5m
March 28th	Hartlepool Marina - 5m (Road)
April 15th	Tees Forest Trail - Preston Park 5k
April 20th	Carlton Challenge - 4.8m (Fell)
June 23rd	Summer Coast Road - Redcar 5k
September 1st	Autumn Coast Road - Redcar 5k
November 21st	Clay Bank West 4.2m (Fell)

Group 2 Between 5 & 10 miles

April 2nd	Mermaid (Redcar) 10k (Road)
May 16th	Yorkshire 10k (Newby Hall) (Multi)
May 30th	Raby Castle 10k (Trail)
June 5th	Allendale 8m (Road)
June 15th	Whorlton Run - 7.2m (Fell)
June 20th	Aycliffe 10k (Road)
July 7th	Pit Stop - Croft Circuit 10k
July 11th	Kilburn Feast 7m (Road)
July 25th	James Herriot - Castle Bolton 14k (Trail)
August 17th	Guisboro Grunt - 6.1m (Fell)
August 22nd	Ray Harrison Memorial - Billingham 10k (Road)
September 5th	Tees Pride - Middlesbrough 10k (Road)
September 11th	Snape - Bedale 10k (Trail)
September 12th	Serpentine - Sedgfield 6.5m (Trail)
October 10th	Ampleforth 7m (Trail)
October 17th	Richmond Castle 10k (Road)
November 27th	Ravenstonedale 10k (Road)
December ?	Jolly Holly Jog Ripon 10k (Trail)

Group 3 10 miles and over

May 9th	Ripon 10m (Multi)
June 26th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 4th	Burn Valley Half Marathon
October 3rd	Harewood 10m (Trail)
October 31st	Guy Fawkes - Ripley 10m (Road/Trail)
November 28th	Thirsk 10m (Road)

QUAKERS RUNNING CLUB - Club Championship 2010

02-Apr-10

Mermaid 10k

Group 2

Actual Position	Actual Time	Name	Category		Adjusted Time	Adjusted Position	Race Points
3	39:37	Brian Martin	M	53	34:43	1	50
15	47:09	Danny Gordon	M	65	36:56	2	49
2	38:32	David Todd	M	40	37:18	3	48
1	37:50	Michael Joyeux	M	26	37:50	4	47
4	42:13	Billy Harris	M	48	38:30	5	46
9	43:56	Pete Smith	M	50	39:27	6	45
13	46:19	Peter Rowley	M	54	40:15	7	44
8	43:52	Graham Park	M	46	40:38	8	43
11	45:19	Diane Vaughan	F	45	41:39	9	42
6	43:31	Louise Trainor	F	39	42:03	10	41
5	42:33	Andrew Lambe	M	37	42:04	11	40
14	46:27	David Curtis	M	46	43:01	12	39
7	43:51	Scott Green	M	36	43:39	13	38
22	50:18	Julie Jefferies	F	51	43:49	14	37
18	48:27	Wendy Colling	F	45	44:32	15	36
10	44:50	Ben Bourne	M	30	44:50	16	35
21	50:09	Jeff Marriott	M	49	45:23	17	34
12	45:44	Ian Hammond	M	31	45:44	18	33
16	47:53	Mark Colling	M	41	46:01	19	32
30	59:49	Alan Prest	M	65	46:52	20	31
17	47:59	Jackie Nicholls	F	37	47:07	21	30
24	53:17	Julie Whinn	F	48	47:42	22	29
19	48:28	Daniel Crane	M	32	48:28	23	28
29	57:27	Sally Singleton	F	54	48:37	24	27
27	54:50	Carol Penney	F	49	48:39	25	26
25	53:29	Sandra Park	F	45	49:10	26	25
26	54:44	Nigel Walker	M	49	49:32	27	24
20	50:04	Abbie Hull	F	29	50:04	28	23
23	51:51	Michelle Boshier	F	37	50:55	29	22
28	56:45	Diane Adkins	F	45	52:10	30	21
32	62:38	Susan Limbert	F	46	57:04	31	20
31	61:22	Ian Davison	M	32	61:22	32	19