

QUAKERS RUNNING CLUB

CLUB CHAMPIONSHIP 2010

Group 1 Up to 5 miles

Feb 14th	Abesent Friends Trail - Cowpen Bewley - 5m
March 28th	Hartlepool Marina - 5m (Road)
April 15th	Tees Forest Trail - Preston Park 5k
April 20th	Carlton Challenge - 4.8m (Fell)
June 23rd	Summer Coast Road - Redcar 5k
September 1st	Autumn Coast Road - Redcar 5k
November 21st	Clay Bank West 4.2m (Fell)

Group 2 Between 5 & 10 miles

April 2nd	Mermaid (Redcar) 10k (Road)
May 16th	Yorkshire 10k (Newby Hall) (Multi)
May 30th	Raby Castle 10k (Trail)
June 5th	Allendale 8m (Road)
June 15th	Whorlton Run - 7.2m (Fell)
June 20th	Aycliffe 10k (Road)
July 7th	Pit Stop - Croft Circuit 10k
July 11th	Kilburn Feast 7m (Road)
July 25th	James Herriot - Castle Bolton 14k (Trail)
August 17th	Guisboro Grunt - 6.1m (Fell)
August 22nd	Ray Harrison Memorial - Billingham 10k (Road)
September 5th	Tees Pride - Middlesbrough 10k (Road)
September 11th	Snape - Bedale 10k (Trail)
September 12th	Serpentine - Sedgfield 6.5m (Trail)
October 10th	Ampleforth 7m (Trail)
October 17th	Richmond Castle 10k (Road)
November 27th	Ravenstonedale 10k (Road)
December ?	Jolly Holly Jog Ripon 10k (Trail)

Group 3 10 miles and over

May 9th	Ripon 10m (Multi)
June 26th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 4th	Burn Valley Half Marathon
October 3rd	Harewood 10m (Trail)
October 31st	Guy Fawkes - Ripley 10m (Road/Trail)
November 28th	Thirsk 10m (Road)

QUAKERS RUNNING CLUB - Club Championship 2010

28-Mar-10

Hartlepool Marina 5 Mile

Group 1

Actual Position	Actual Time	Name	Category		Adjusted Time	Adjusted Position	Race Points
3	32:13	Brian Martin	M	53	28:11	1	50
4	32:48	Steve Snook	M	51	29:10	2	49
1	30:31	Michael Joyeux	M	26	30:31	3	48
5	33:19	Dave McLachlan	M	47	30:34	4	47
2	31:51	David Todd	M	40	30:46	5	46
6	33:56	Andrew Knox	M	48	30:54	6	45
7	34:25	Billy Harris	M	48	31:20	7	44
12	36:06	Pete Smith	M	50	32:22	8	43
17	38:05	Peter Rowley	M	54	33:02	9	42
8	34:33	Simon Wakelin	M	40	33:23	10	41
15	36:34	Diane Vaughan	F	45	33:32	11	40
22	40:09	Julie Jefferies	F	51	34:53	12	39
9	35:08	Scott Green	M	36	34:54	13	38
18	38:05	David Curtis	M	46	35:13	14	37
16	37:29	Richard Hughes	M	43	35:26	15	36
19	38:49	Wendy Colling	F	45	35:36	16	35
10	35:40	Lucy Jefferies	F	21	35:40	17	34
11	35:55	Darren Stockdale	M	30	35:55	18	33
13	36:32	Ben Bourne	M	30	36:32	19	32
14	36:32	Ian Hammond	F	30	36:32	19	32
20	39:30	Mark Colling	M	41	37:53	21	30
29	45:40	Sally Singleton	F	54	38:33	22	29
23	41:12	Anthony Corbett	M	43	38:57	23	28
21	39:58	Jackie Nicholls	F	37	39:10	24	27
26	44:16	Carol Penney	F	49	39:11	25	26
25	43:38	Nigel Walker	M	49	39:25	26	25
27	44:19	Bev Snook	F	48	39:35	27	24
38	62:27	Bill Frankland	M	78	40:33	28	23
36	51:31	Susan Boyle	F	60	40:52	29	22
28	45:38	Julie Lambert	F	47	41:07	30	21
24	42:50	Craig Watson	M	33	42:50	31	20
30	47:27	Diane Gardner	F	46	43:09	32	19
31	48:13	Sandra Martin	F	45	44:13	33	18
32	49:50	Kevin Simpson	M	51	44:19	34	17
33	50:03	Susan Limbert	F	46	45:30	35	16
35	51:02	Hillary Joyeux	M	48	46:28	36	15
34	50:58	Wendy Cooper	F	42	47:57	37	14
37	52:18	Julie Wears	F	44	48:23	38	13