

## QUAKERS RUNNING CLUB CLUB CHAMPIONSHIP 2010

### Group 1 Up to 5 miles

Feb 14th	Abesent Friends Trail - Cowpen Bewley - 5m
March 28th	Hartlepool Marina - 5m (Road)
April 15th	Tees Forest Trail - Preston Park 5k
April 20th	Carlton Challenge - 4.8m (Fell)
June 23rd	Summer Coast Road - Redcar 5k
September 1st	Autumn Coast Road - Redcar 5k
November 21st	Clay Bank West 4.2m (Fell)

### Group 2 Between 5 & 10 miles

April 2nd	Mermaid (Redcar) 10k (Road)
May 16th	Yorkshire 10k (Newby Hall) (Multi)
May 30th	Raby Castle 10k (Trail)
June 5th	Allendale 8m (Road)
June 15th	Whorlton Run - 7.2m (Fell)
June 20th	Aycliffe 10k (Road)
July 7th	Pit Stop - Croft Circuit 10k
July 11th	Kilburn Feast 7m (Road)
July 25th	James Herriot - Castle Bolton 14k (Trail)
August 17th	Guisboro Grunt - 6.1m (Fell)
August 22nd	Ray Harrison Memorial - Billingham 10k (Road)
September 5th	Tees Pride - Middlesbrough 10k (Road)
September 11th	Snape - Bedale 10k (Trail)
September 12th	Serpentine - Sedgfield 6.5m (Trail)
October 10th	Ampleforth 7m (Trail)
October 17th	Richmond Castle 10k (Road)
November 27th	Ravenstonedale 10k (Road)
December ?	Jolly Holly Jog Ripon 10k (Trail)

### Group 3 10 miles and over

May 9th	Ripon 10m (Multi)
June 26th	Durham Dales Challenge - Wolsingham 16m (Trail)
July 4th	Burn Valley Half Marathon
October 10th	Harewood 10m (Trail)
October 31st	Guy Fawkes - Ripley 10m (Road/Trail)
November 28th	Thirsk 10m (Road)





## QUAKERS RUNNING CLUB - Club Championship 2010

25-Jul-10

James Herriot 14k

Group 2

Actual Position	Actual Time	Name	Category		Adjusted Time	Adjusted Position	Race Points
1	65:59	Brian Martin	M	53	58:01	1	50
10	81:05	Danny Gordon	M	65	63:46	2	49
3	69:54	Billy Harris	M	48	64:00	3	48
4	70:57	Andrew Knox	M	49	64:28	4	47
6	74:11	Stuart Hardcastle	M	54	64:43	5	46
2	69:12	Barry Mahaffey	M	44	65:19	6	45
5	73:55	Andrew Lambe	M	37	73:20	7=	44
11	84:47	Richard Payne	M	55	73:20	7=	44
9	79:29	David Curtis	M	46	73:54	9	42
7	76:00	Lucy Jefferies	F	22	76:00	10	41
8	79:28	Ian Hammond	M	31	79:28	11	40
23	102:17	Alan Prest	M	66	79:34	12	39
14	86:40	Wendy Colling	F	45	80:00	13	38
12	84:59	Mark Colling	M	42	81:23	14	37
13	86:24	Anthony Corbett	M	44	81:33	15	36
20	97:52	Julie Jefferies	F	51	85:36	16	35
15	88:47	Jackie Nicholls	F	38	86:50	17	34
19	95:22	Sandra Park	F	45	88:02	18	33
16	90:04	Abbie Hull	F	30	90:04	19	32
18	94:49	Leigh Ainsworth	F	39	91:58	20	31
17	92:07	Daniel Crane	M	32	92:07	21	30
22	100:01	Diane Adkins	F	45	92:20	22	29
25	104:17	Kevin Simpson	M	51	93:15	23	28
24	104:15	Susan Limbert	F	47	94:33	24	27
21	99:22	Ian Davison	M	32	99:22	25	26
26	105:56	Gillian Harris	F	43	99:26	26	25
27	110:07	Sarah Beadle	F	37	108:32	27	24