

	table 1
1	Peter Smith
2	Alasdair Tatham
3	Nick Watson
4	Dawn Richardson
5	Steve Snook
6	bryan martin
7	Barry Malafrey
8	Nick Wadd
9	Micheal Joyeux
10	Wayne Bramley

	table 2
1	Stuart Hardcastle
2	Graham Park
3	David McLachlan
4	David Whittle
5	David Todd
6	Jose Mediavilla
7	Charles Hall
8	Lee Coles
9	noel mclay
10	Robert McSherry

	table 3
1	Peter Rowley
2	Ian Scott (y)
3	Phil Rutter
4	Darren Park
5	Dave Thompson
6	Annette Clarke
7	Jonathon Eccles
8	Nick Mason
9	John Clarke
10	Damian Wynne

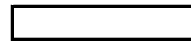
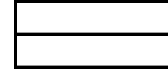
	table 4
1	Diane Vaughan
2	Richard Hughes
3	William Harris
4	Jeff Marriott
5	Paul Appleton
6	Jes Smith
7	Ian Hammond
8	Steve Padgett
9	Joerg Putzer
10	Andrew Wilson

	table 5
1	Danny Gordon
2	Wendy Colling
3	Meline Mcsherry
4	Richard Payne
5	Sarah Wilson
6	Robert Kirkby
7	Mark Colling
8	Kevin Scott
9	Jon Foulds
10	Julie Jefferies
11	Jackie Nicholls

	table 6
1	Paul Howell
2	Sally Singleton
3	Julie Whinn
4	Gillian Harris
5	Sandra Park
6	Anthony Corbett
7	Nigel Walker
8	Annette Bullen
9	Suzanne Todd
10	Beverley Snook
11	Pamela Barrass

	table 7
1	Vicky Wilson
2	Clare Dodsworth
3	Joanne Dewar
4	Carol Penney
5	Alan Prest
6	Bev Heslop
7	Jackie Taylor
8	Diane Adkins
9	Leigh Ainsworth
10	Julie Croucher
11	Bill Frankland

	table 8
1	Anneli Simkiss
2	Grainne Archbold
3	Linda Corbally
4	Sarah Beadle
5	Jill Wallis
6	Penny Lamont
7	Gillian Robinson
8	Sue Boyle
9	Catherine Horan
10	Jeanette Maughan
11	Angela Clement



day	date		
Sun	24-May	Raby Castle 10k	staindrop Acrobat .pdf (30k)
Sat	06-Jun	Kirkby Malzeard 10k	nr ripon Acrobat .pdf (53k)
Sun	21-Jun-09	Newton Aycliffe 10K	http://www.newtonayc
wed	08-Jul-09	Pit stop 10k	http://www.darlingtonf
Sun	12-Jul-09	great north 10k	http://www.greatrun.o
Sun	26-Jul-09	Victorian 10k	Marske http://www.new-marsk
Sun	09-Aug-09	darlington 10k	darlington PDF
Sun	23-Aug	Ray Harrison Memorial 10k,	Billingham Acrobat .pdf (22k)
Sun	06-Sep	Tees pride 10k	middlesbrough http://www.middlesbr
Sun	11-Oct	Yorkshire Coast 10k Road Race	Scarborough Event web site
Sun	18-Oct	Richmond Castle 10k	Richmond Acrobat .pdf
Sun	08-Nov-09	Heaton Harriers Memorial 10K	Newcastle upon Tyne www.heatonharriers.
Sat	12-Dec	Great Langdale Christmas Pudding Run	nr. Ambleside (race 1)
Sun	13-Dec	Great Langdale Christmas Pudding Run	nr. Ambleside (race 2)