

Table 1	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Newton Farmers Memorial 10K	pts	Christmas Pudding Run	pts	total	position
Dawn Richardson	39:37	197	0	0	38:17	200						39:09	200	39:09	200						41:00	200					997	1
Wayne Bramley	41:00	191	0	0	38:37	194						39:39	197	39:18	197						42:00	191					970	2
Brian Martin			0	42:08	200	41:01	185					42:34	194	41:36	194						41:30	197					970	2
Steve Snook	42:42	188	0	0	39:56	188						56:51	185								42:00	194					755	4
Peter Smith			0	49:27	197						44:14	200			43:42	191											588	5
Micheal Joyeux	38:48	200	0	0	38:22	197																					397	6
Barry Malafrey	43:15	185	0	0								42:44	188														373	7
Nick Watson	39:39	194	0	0																							194	8
Nick Wadd			0	0	39:50	191																					191	9
Nick Mason												42:08	191														191	10

Table 2	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Heaton Harriers Memorial 10K	pts	Great Langdale Christmas Pudding Run	pts	total	position
David Todd	47:06	194			44:51	191	41:42	194					41:33	200	42:07	200											979	1
Simon Wakelin													42:54	194			42:58	200			47:52	197	42:18	200			791	2
Dave Thompson					42:46	197	43:50	188							45:00	197	45:55	197									779	3
David McLachlan	43:22	200			42:25	200	41:11	197					43:31	182													779	3
Graham Park	49:03	191			47:53	185	43:54	185					46:19	179													740	5
Stuart Hardcastle	47:01	197											42:57	191							44:38	200					588	6
Robert McSherry					44:53	188	42:47	191					43:24	185													564	7
Noel McClay					43:34	194							43:03	188													382	8
David Whittle							39:54	200					58:26	176													376	9
Charles Hall													41:46	197													197	10

Table 3	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Memorial 10K	pts	Great Langdale Christmas Pudding Run	pts	total	position
Ian Scott (ty)					45:57	197	44:42	197					45:38	194	44:39	197											979	1
Peter Rowley			47:29	200							47:16	200	49:20	181	48:03	188						49:18	191				960	2
William Harris	48:49	194					48:22	191					45:25	197	46:16	194											776	3
Phil Rutter	45:35	200					43:48	200														45:40	200				600	4
Richard Hughes					46:30	194							43:17	200	42:47	200											594	5
Diane Vaughan					45:37	200							45:56	191			45:06	200									591	6
Jonathon Eccles							44:51	194							46:40	191						47:13	197				582	7
Jes Smith	49:37	191			47:35	191																					382	8
Ian Hammond	47:21	197																									197	9
Scott Green													45:57	188													188	10

Table 4	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Heaton Harriers Memorial 10K	pts	Great Langdale Christmas Pudding Run	pts	total	position
Jeff Marriott	49:12	200			48:10	200	49:15	194					52:51	182	52:17	194			49:45	197	49:17	200	55:07	200			1567	1
David Curtis									51:74	197			48:58	191	49:16	200			48:07	200	53:09	191					979	2
Mark Robinson					51:13	197			48:21	200			46:56	200							50:04	194					791	3
Danny Gordon	49:47	197					47:32	200							49:29	197					49:38	197					791	4
Adele Clark													50:01	188			49:57	200									388	5
Andrew Wilson							48:42	197																			197	6
Richard Fisher													47:37	197													197	6
Chris Jakeman													47:54	194													194	6
Lindsey Lester													50:26	185													185	9
Steve Padgett													53:28	179													179	10

Table 5	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Heaton Harriers Memorial 10K	pts	Great Langdale Christmas Pudding Run	pts	total	position		
Jackie Nicholls	54:49	188			53:31	194	51:07	188					51:22	200			51:05	197										1161	1	
Jon Foulds	50:55	194											51:38	197	51:16	197												785	2	
Julie Jefferies	51:49	191													50:44	200	48:42	200										782	3	
Richard Payne	49:43	200					48:48	197					66:10	176														773	4	
Mark Colling							51:00	191					52:05	194	52:30	191													761	5
Wendy Colling							49:42	194					53:37	182	60:10	188													752	6
Meline McSherry					52:29	197	51:24	185					55:09	179															561	7
Sarah Wilson					52:16	200									51:40	194													394	7
Paul Quinn													52:36	191															191	9
Robert Kirkby													52:57	188															188	10

Table 6	Raby Castle pts	Kirkby Malzeard 10k pts	Newton Aycliffe pts	Pit Stop pts	great north 10k pts	Victorian pts	Darlington pts	Ray Harrison pts	Teespride pts	Yorkshire Coast 10k pts	richmond pts	Heaton Harriers Memorial 10K pts	Great Langdale Christmas Pudding Run pts	total	position
Sally Singleton	56:48 194		54:11 197				56:51 185	57:39 191	55:51 197		57:19 197			1161	1
Paul Howell	56:06 197		52:27 200				54:24 191		51:05 200			52:17 200		988	2
Anthony Corbett	54:37 200			50:30 200			55:51 188				57:21 194			782	3
Julie Whinn	59:19 182			52:43 197				55:15 194			56:02 200			773	4
Sandra Park				54:56 191			53:36 194	53:06 197						582	5
Nigel Walker	57:59 191			54:36 194					58:30 194					579	6
Abbie Hull							53:20 197	52:05 200						397	7
Annette Bullen	58:35 188			55:26 188										376	8
Trevor Blackmore							52:58 200							200	9
Suzanne Todd	58:54 185													185	10

Table 7	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Heaton Harriers Memorial 10K	pts	Great Langdale Christmas Pudding Run	pts	total	position
Julie Croucher							53:07	200			53:07	200	53:54	200	55:11	200	51:56	200			58:10	197					1197	1
Diane Adkins	58:02	200			57:23	200	53:54	197					55:17	188							61:33	191					976	2
Alan Prest	60:57	197			58:40	197																					394	3
Roy MacDougall													55:14	191							58:35	194					385	4
Pamela Barrass													56:13	185							57:19	200					385	4
Nicola Jervis													54:29	197													197	6
Vicky Wilson							59:01	194																			194	7
Leigh Ainsworth													54:51	194													194	7
Carol Penney													58:34	182													182	9
Joanne Dewar													59:26	179													179	10

Table 8	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Heaton Harriers Memorial 10K	pts	Great Langdale Christmas Pudding Run	pts	total	position	
Anneli Simkiss	60:33	197			59:16	197	58:11	197			55:59	200	58:39	194								60:33	200					1185	1
Angela Clement	63:55	191			58:35	200	55:02	200					59:11	191			55:50	200										982	2
Gillian Harris	64:30	188					61:42	185					62:53	185	66:39	200												758	3
Kate Schwizer													59:11	191			56:29	197										388	4
Jane Shaw													57:56	200														200	5
Beverley Snook	60:09	200																									200	5	
Christopher Parsons													58:30	197														197	7
Clare Dodsworth	60:53	194																									194	8	
Gillian Robinson							59:01	194																			194	8	
Julie Lambert													60:33	188													188	10	



Table 9	Raby Castle	pts	Kirkby Malzeard 10k	pts	Newton Aycliffe	pts	Pit Stop	pts	great north 10k	pts	Victorian	pts	Darlington	pts	Ray Harrison	pts	Teespride	pts	Yorkshire Coast 10k	pts	richmond	pts	Heaton Harriers Memorial 10K	pts	Great Langdale Christmas Pudding Run	pts	total	position
Susan Limbert									70:13	200					69:47	200			71:37	200							600	1
Paul Carling													62:19	197													197	2
Naomi Pearson													62:40	194													194	3
Brenda Jackson													62:48	191													191	4
Fiona Dixon													63:13	188													188	5
Diane Gardner													63:22	185													185	6
Sue Boyle													65:19	182													182	7
Mike Horan													67:03	179													179	8
Linda Normington													67:53	176													176	9
Grainne Archbold													67:55	173													173	10
Kevin Simpson													68:30	170													170	11



day	date		
Sun	24-May	Raby Castle 10k	staindrop
Sat	06-Jun	<a href="#">Kirkby Malzeard 10k</a>	nr ripon
Sun	21-Jun-09	Newton Aycliffe 10K	Newton Aycliffe
wed	08-Jul-09	Pit stop 10k	croft
Sun	12-Jul-09	great north 10k	Sunderland
Sun	26-Jul-09	Victorian 10k	Marske
Sun	09-Aug-09	darlington 10k	darlington
Sun	23-Aug	Ray Harrison Memorial 10k,	Billingham
Sun	06-Sep	Tees pride 10k	middlesbrough
Sun	11-Oct	Yorkshire Coast 10k Road Race	Scarborough
Sun	18-Oct	Richmond Castle 10k	Richmond
Sun	08-Nov-09	Heaton Harriers Memorial 10K	Newcastle upon Tyne
Sat	12-Dec	Great Langdale Christmas Pudding Run	nr. Ambleside (race 1)
Sun	13-Dec	Great Langdale Christmas Pudding Run	nr. Ambleside (race 2)

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<http://www.newtonayc>

<http://www.darlington/>

<http://www.greatrun.o>

<http://www.new-marske>

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<http://www.middlesbrou>

[Event web site](#)

[Acrobat .pdf](#)

[www.heatonharriers.](http://www.heatonharriers)